



PINE-RICHLAND FIELD HOCKEY

FALL YOUTH PROGRAM GIRLS GRADES K-6 (FALL 2014)

COACHED BY FORMER FIELD HOCKEY PLAYERS
WITH CLUB AND COLLEGIATE PLAYING EXPERIENCE

GRADES K-2 DEVELOPMENTAL TRAINING PROGRAM \$75

- T-shirt included.
- Focus on drills-for-skills and small-sided games.
- Prior experience not required.
- Sundays * Sept. 14,21,28, Oct. 5,12,19 * 3-4pm * (Oct. 26 rain date)
- Pine-Richland High School Stadium

GRADES 3-6 RECREATIONAL LEAGUE \$150

- T-shirt included.
- Players learn fundamental skills and field sense with league games versus other area programs.
- Prior experience not required.
- Game Jersey \$20
- **Girls are allowed to miss sessions in order to balance other activities and sports.**
- One weekday practice (either Tuesday or Thursday) plus one weekend practice or game on Sunday.
- Tuesdays -OR- Thursdays * Aug. 28; Sept. 2,4,9,11,16,18,23,25,30;
Oct. 2,7,9,14,16,21,23 * 5:30-7pm (day of week to be determined)
Location: Pine-Richland High School Baseball Outfield
- Sundays * Sept. 7,14,21,28; Oct. 5,12,19,26 * 4-6pm
Location: Pine-Richland High School Stadium (most dates)
or Pine-Richland High School Baseball Outfield

REQUIRED EQUIPMENT

- Field Hockey Stick, Shin Guards, Mouth Guard.
- ***Mouth guards available for \$1. Sticks are available for loan.****

Register Online at <http://www.pryc.org/fieldhockey.php>

QUESTIONS? Email Donna Stephenson at coachsteve@prfieldhockey.com