PRFH est. 2004

THURSDAYS 6/18, 6/25, 7/2, 7/9, 7/16, 7/23, 7/30

6-7PM 7-8PM

Γ

GRADES K-6 \$75* GRADES 7-12 \$85*

ND MIGH SCHOOL STADIUM

8-8:45PM

- 11v11 Open Play Grades 7-12 (INCLUDED IN FEES)
- Players from beginner to varsity level are invited to join our summer field hockey program.
- Prior experience not required.
 Players will be grouped by grade and ability.
- Sessions are led by PRFH coaches and former players with club and collegiate playing experience.
- LEAGUE FUN Prizes awarded for contests such as silly sock week, crazy hair night, get soaked sessions, and water balloon launches. Girls earn High-5 Awards with a corresponding trip to the prize bin. FUN is guaranteed!
- Players are **NOT** required to attend all weeks to participate.

- Sessions for Grades K-6 will include drills for skills and game play.
- Sessions for Grades 7-12 will build upon the fundamentals and also include advanced skills and greater emphasis on game play.
- Grades 7-12 continue with full-field 11v11 Open Play, a more competitive game time and a great way to improve by playing up with more experienced field hockey players.
- **Required Equipment:** field hockey stick, shin guards, mouth guard. ***Mouth guards available for \$1. Sticks are available for loan.***
- T-Shirt included.

For more info. and to register, visit <u>www.prfieldhockey.com</u>

QUESTIONS? Email Donna Stephenson at coachsteve@prfieldhockey.com

This activity is not sponsored by or affiliated with the Pine-Richland School District.