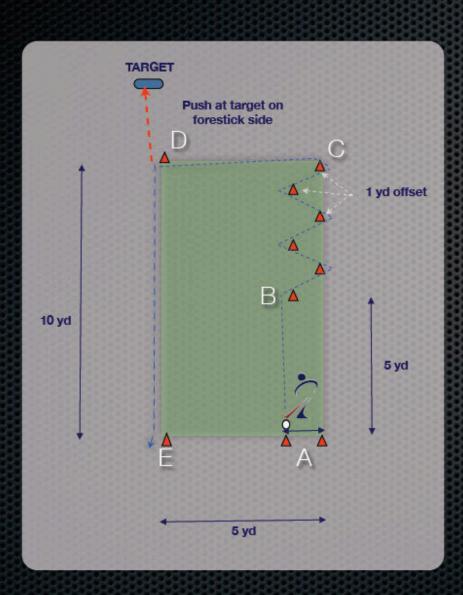


## ILLINOIS AGILITY Futures Field Player Test





10yd x 5yd Box

- 1. Begin at A and start clock
- 2. Drag 20 x over 1yd
- 3. Turn and dribble to B
- 4. Dribble to C (feet and ball around markers)
- 5. Dribble to D and push on forestick at target
- 6. Sprint to E (without ball)
- 7. Record Time as player Finishes at E

Complete test twice (2) and record results