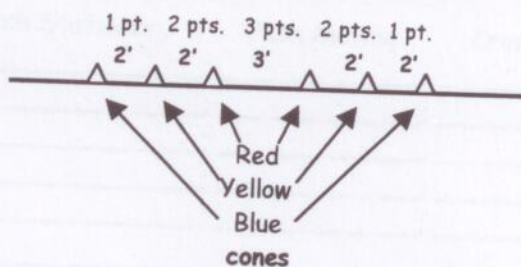


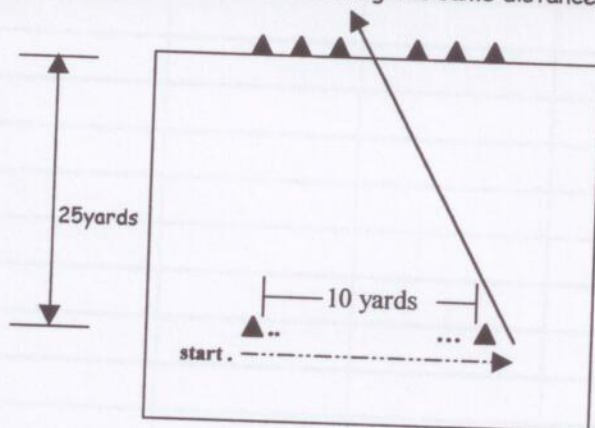
Passing Accuracy Test

This testing series will be performed several times during the course of Futures. Futures athletes need to pass accurately to ensure team possession. By May the most accurate passers should be identified. All athletes should see their improvement and be able to acknowledge their weakness.

Enlarged target diagram
(same target for all tests)



Crossing Pass Test ~ Three balls are placed at each cone. The player starts with a ball from the left cone, runs to the second cone and hits the ball on the move towards the target. When the ball has crossed the line, the player can start with the next ball. This time he/she has to run with the ball to the left cone and either pulls the ball back and hits, or runs past the ball and hits it at the target. Record results. This test will be repeated several times throughout the curriculum. Six balls total in test. Set up several tests. Mark the spot where the balls are placed so the balls can be placed in the same location for each test, ensuring each athlete is running the same distance.



Hitting and push test ~ The player hits or pushes the ball the distance from the top of the circle to goal. The test will be done two ways, (1) put the ball on the side line and hit / push a static ball or (2) move the ball off the spot and hit / push a rolling ball. The ball must still be hit or pushed on the line.

